

Where everyone matters and every day counts



Houghton Regis Primary School Newsletter
Friday 24 January 2025

Acting Headteacher: Mrs R Parmar
Chair of Governors: Mr T Muldownie

Dear Parents, Carers and Children,

I cannot believe we are already halfway through this half-term! It has been an eventful week with children in years 5 and 6 taking part in Bikeability and achieving levels 1 and 2. Well done to all children who participated who are now ready to ride their bikes safely on the road. They will receive their certificates and badges on Monday.

I enjoyed participating in some Greek themed activities with year 5 as part of their wow day. The children took great pride in painting and designing vases and creating their own head-dresses. It was lovely to see such great creativity across the year group. Thank you to the year 5 team for organising such a great day for the children.

We held our first coffee morning this week—a huge thank you to those who joined us. Miss Alexis shared some key information about our SEND provision including services available through the local authority. If you were unable to attend or have any questions or require further information, please do not hesitate to contact us. We would be more than happy to help. Miss Alexis also shared information about SNAP Parent Carer Forum (the voice of SEND parents/carers in Central Bedfordshire and strategic partners to the Local Authority). This provider has three online workshops that are free to parents who are members of SNAP PCF—it is free to join and you will receive access to these sessions and more. Please see the attached information at the end of the newsletter.

Next week, we begin our class sharing assemblies. We look forward to welcoming parents and carers of our year 6 children on Thursday at 2:45pm. I know they have been working hard to showcase their learning.

The boys' football team will be playing their quarter-final match against a local school next week. We wish them the best of luck and will share the results next week.

During the last week of this half-term, we have an exciting cultural week planned. Children will be learning about different cultures and countries across the world and will have the opportunity to engage in a range of activities to broaden their knowledge and understanding of a range of countries chosen by their teachers. There will be open afternoons during the course of the week from 2:30pm, where you will be invited to participate in activities with your child in their classroom. Please can we ask that only one parent per child attends each session due to classroom space. Sign up sheets for these open afternoons will be available from Monday — please speak to your child's class teacher if you wish to sign up for these sessions.

We were successful in appointing a new family support worker and an office administrator this week. Further information about these new members of staff will be shared with you in the next few weeks.

As shared in last week's newsletter, please ensure you notify us as soon as possible if there are any cases of measles, chicken pox or shingles in your household. Thank you for your understanding with this matter.

I hope you all have a lovely weekend.

I look forward to seeing you on the gate on Monday morning.

Mrs R Parmar

**VALUE OF THE MONTH
FOR JANUARY:**

Determination

the ability to continue trying to do something, even if it is difficult.



Kidz Zone Before and After School Club Information

If you would like further information on Kidz Zone, please visit our website or book on www.kidzzoneclub.com.

Children's Mental Health Week

3/2/25-7/2/25

Know Yourself, Grow Yourself

Children can come to school in non-uniform on 7/2/25. for a contribution of £1. All contributions will be donated to our chosen children's charity Place2Be.

School Dinners

The cost of school dinners is £2.20 for Nursery and £2.40 for Reception-Year 6 children. This can be paid via SchoolGrid.

Studybugs QR Code



Attendance Winners

EYFS/KS1: Gold with 99.1%

KS2: Amber with 99.1%

Whole School Attendance: 91.9%

Housepoint Winners

EYFS/KS1:

Sandringham— 64 points

KS2:

Windsor—49 points

Overall Winning House: Windsor—121

EARLY YEARS

Nursery

This week, we read the traditional story of The Three Billy Goats Gruff. The children really enjoyed learning about this tale, noticing similarities and differences between our traditional tale from last week. Some of our learning experiences have included making some troll faces using playdough. Moulding dough is a great way to strengthen muscles in hands to support with future writing. Using pincer grip (thumb and fingers) to select beads and pasta shapes for facial features really helps with fine motor skills.



Reception

This week, we have loved reading The Little Red Hen and getting into character with speech bubble writing and prosody. Using different voices is a great way to bring the story and characters to life. In maths we have learnt about weight, which helped when we were using the different ingredients. We all worked well as a team to be like the Little Red Hen to make bread!

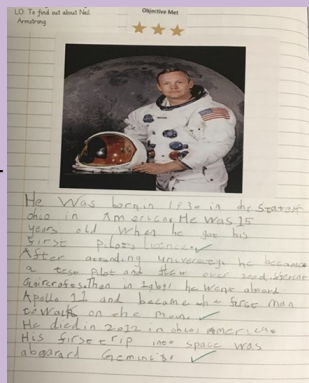


KEY STAGE 1

Year 1

This week, children in year 1 have taken a tour back in time to learn all about Neil Armstrong and Tim Peake. They looked at what made them significant individuals and had a go at writing key facts about them.

In maths, we have continued to master different strategies of addition and subtraction within 20.

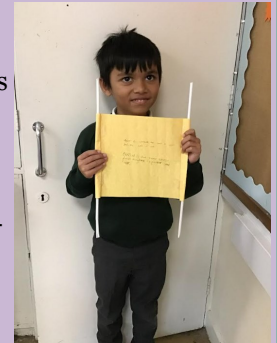


Year 2

This week, we began learning about multiplication and division. We enjoyed using practical resources, such as group counters to share.

We have also enjoyed inputting instructions and using the beebots in computing.

In RE we have been learning about Judaism and made our own Shema scrolls.



LOWER KEY STAGE 2

Year 3

In science this week, we have been looking at the Eatwell Guide to understand what makes a healthy diet for a human. The Eatwell Guide helps us eat a healthy, balanced diet with plenty of fruit, vegetables and starchy carbohydrates plus some dairy, meat, fish, pulses and other kinds of protein. Using this information, the children had fun creating their own healthy meal plan.



Year 4

This week in year 4 the children have been continuing their learning in science on herbivores, carnivores, and omnivores.

They have been learning how to construct and interpret food chains. They determined that the food chain always starts with a producer. This is an organism that makes its own food. The children learnt that food chains begin with a green plant because plants can make their food using photosynthesis. They concluded their learning by finding out that the organisms that follow the producer are called consumers.



UPPER KEY STAGE 2

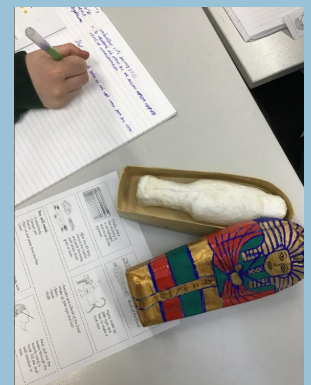
Year 5

In English this week, the children have written a persuasive letter and compared characters from the class text 'Who Let the Gods Out?' In maths, the children have completed end of unit assessments with a focus on fractions. The highlight of the week has been our Greek wow day which took place on Wednesday. We had lots of fun painting our Greek vases and participating in a mini Olympics in the afternoon. Also, well done to the children who participated in bikeability this week.



Year 6

This week in history, we have been learning all things Mummification! With a catchy song talking children through the ritual, and an (almost) real life mummy to show the end product! In English, we have been writing invitations as if we were King Tutankhamun. We have also been practising our song for next week's class assembly- which is all about Egypt too!



STAR AWARDS

			
Danny DETERMINATION says, "DON'T GIVE UP."	Colin CURIOSITY says, "THINK FOR YOUR-SELF."	Chloe COMMUNICATION says, "RESPECT OTHERS."	Izzy INDEPENDENCE says, "DO YOUR BEST."
Zara C	Esmae T	Ana A	Buddy P
Caoimhe-Rose O	Philip S	Lilah M	Cove O
Henlie K-A	Adwick	Freya R	Logan H
Isabella G	Kyrie A	Mikael I	Myles B
Davi A		Darin A	Honey Y
Tommy W		Kaliah B-S	Millie-Rose E
Connor D-W			Lou Lou G
Connor D			Harrison P
			Danielle U
			Violet E
			Hans W

Contact Information

Office:

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SENDCo:

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Lower Key Stage 2 and Upper Key Stage 2:

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elizabeth@houghtonregisprimary.co.uk

william@houghtonregisprimary.co.uk

charles@houghtonregisprimary.co.uk

Upcoming Events:

Day	Date	Time	Year Group	Event
Wednesday	29 January		Year 4 - selected children	A.I.M. High Maths Day at Chantry Primary Academy
Thursday	30 January	2:45-3:10pm	Year 6 - William & Charles Class	Class Assembly - parents invited
Friday	31 January		Year 1	Trip to the post office
Monday-Thursday	3-6 February		Year 6	Mock SATs week
Monday-Friday	3-7 February		All children	Children's Mental Health Week 'Know Yourself. Grow Yourself'. Non-uniform day on Friday.
Tuesday	4 February	2:45-3:10pm	Year 5 - Elizabeth Class	Class Assembly - parents invited
Tuesday	4 February	3:45-4:15pm	Year 1 & invited Year 2 parents	Phonics Screening Check workshop for parents
Thursday	6 February	All day	Year 2	Wow day
Thursday	6 February	All day	Year 4	DT Wow day
Thursday	6 February	2:45-3:10pm	Year 5 - Sapphire Class	Class Assembly - parents invited
Thursday	6 February		Reception	Once Upon a Time Wow Day
Friday	7 February	All day	All children	'Dress to Express' day
Friday	7 February		Year 6	Ancient Egyptians Wow Day
Monday- Friday	10-14 February		All children	Cultural Week
Tuesday	11 February	2:45-3:10pm	Year 4 - Amber Class	Class Assembly - parents invited
Thursday	13 February	2:45-3:10pm	Year 4 - Emerald Class	Class Assembly - parents invited
Monday-Friday	17-21 February		All children	Half-Term
Monday	24 February		All children	Return to school
Thursday	27 February	2:45-3:10pm	Year 3 - Yellow Class	Class Assembly - parents invited
Monday	3 March		Year 6	National Offer Day - Secondary School
Tuesday	4 March	2:45-3:10pm	Year 3 - Blue Class	Class Assembly - parents invited
Thursday	6 March	2:45-3:10pm	Year 2 - Purple Class	Class Assembly - parents invited
Thursday	6 March		All children	World Book Day
Tuesday	11 March	2:45-3:10pm	Year 2 - Charlotte Class	Class Assembly - parents invited
Thursday	13 March	2:45-3:10pm	Year 1 -Orange Class	Class Assembly - parents invited
Friday	14 March		Year 1	Trip to the library
Tuesday	18 March	2:45-3:10pm	Year 1 - Green Class	Class Assembly - parents invited
Thursday	20 March	2:45-3:10pm	Reception - Platinum Class	Class Assembly - parents invited
Tuesday	25 March	2:45-3:10pm	Reception - Gold Class	Class Assembly - parents invited
Monday	31 March	3:45-6:15pm	All children	Parent Consultation Evening
Tuesday	1 April	9:30-10:00am	Years 3 & 4	Easter Performance - parents invited
Wednesday	2 April	2:45-3:15pm	Years 3 & 4	Easter Performance - parents invited
Thursday	3 April	4:00-7:00pm	All children	Parent Consultation Evening
Friday	4 April		All children	Last day of term – school finishes at 2:00pm. There will be no clubs or after school clubs on this day.



SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE

**Supporting
Your Neurodiverse
Child/Young Person**



Written for parents,
by parents

NHS
Bedfordshire, Luton
and Milton Keynes
Integrated Care System



SUPPORTING YOUR NEURODIVERSE CHILD/YOUNG PERSON DIGITAL BOOKLET

FREE

SCAN ME



DOWNLOAD NOW



When you first realise that your child experiences the world in a different way, it can feel overwhelming. But once you begin to understand their way of thinking it can be rewarding and you can learn so much from your child/young person. This free digital booklet will support you on this journey.

Download your free digital booklet now by scanning the QR code or by visiting <https://www.snappcf.org.uk/supporting-your-neurodiverse-child/>

POSITIVELY
INFLUENCING
CHANGE



SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE

BOOKING IS ESSENTIAL

Delivered by
trained experts
with lived
experiences

This session is delivered by qualified experts who will help you support your child/young person by:

- Understanding the anxiety response
- Exploring why anxiety is more common in those with ADHD/Autism
- Recognising when support is needed for secondary health conditions
- Understanding where to find and access support



Upcoming...

- Understanding Challenging Behaviour 06/02/25
- Tips and Tools to Manage School Avoidance 13/02/25
- Mediation Training 25/03/25
- Sensory Training 01/04/25
- Parent Carer Toolkit 11/06/25

www.snappcf.org.uk

We are excited to
announce our...



online training:
**Understanding
Anxiety**

Thursday

30/01/25

12:00 pm - 1:30pm



Book
Now!

BOOKING IS ESSENTIAL...

DATE

**Thursday 30th of January
2025**

12:00 pm- 1:30 pm

Please book your place by
emailing the course title,
'Understanding Anxiety' and
your name to:

admin@snappcf.org.uk

POSITIVELY
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CHANGE



SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE

BOOKING IS ESSENTIAL

Delivered by
trained experts
with lived
experiences

This session is delivered by qualified experts who will help you support your child/young person by discussing:

- what is meant by challenging behaviour
- understand why challenging behaviour is more common in neurodivergent children/young people
- identify triggers and underlying needs
- develop strategies which anticipate and prevent challenging behaviour
- know where to get more help



Upcoming...

- Tips and Tools to Manage School Avoidance 13/02/25
- Mediation Training 25/03/25
- Sensory Training 01/04/25
- Parent Carer Toolkit 11/06/25

www.snappcf.org.uk

We are excited to
announce our...
online training:



Understanding Challenging Behaviours

Thursday

06/02/25

12:00 pm - 1:30pm



*Book
Now!*

BOOKING IS ESSENTIAL...

DATE Thursday 6th of February 2025 12:00 pm - 1:30 pm Please book your place by emailing the course title, 'Challenging Behaviours' and your name to:

admin@snappcf.org.uk

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CHANGE



SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE

BOOKING IS ESSENTIAL

Delivered by
trained experts
with lived
experiences

This session is delivered by qualified experts who will help you support your child/young person by discussing:

- understand why some neurodivergent children/young people struggle to attend school
- highlight resources to identify what your child/young person is struggling with specifically
- suggest ways of working with school to put reasonable adjustments in place
- helping return to school after a period of absence
- know where to get more help



Upcoming...

- Mediation Training 25/03/25
- Sensory Training 01/04/25
- Parent Carer Toolkit 11/06/25

www.snappcf.org.uk

We are excited to
announce our...
online training:



**Tips and Tools to
Manage School
Avoidance**

Thursday

13/02/25

12:00 pm - 1:30pm



*Book
Now!*

BOOKING IS ESSENTIAL...

DATE

**Thursday 13th of February
2025**

12:00 pm - 1:30 pm

Please book your place by
emailing the course title,
'School Avoidance' and your
name to:

admin@snappcf.org.uk